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Sunday 29th July 2018

**WELCOME to ALL LCRK Hawkesbury Training PADDLERS
SACKVILLE TO (Naughty) WISEMAN'S FERRY -34kms**

**The longest leg against the tide. The best opportunity to plan
your strategy for the night**

ATTENDANCE & TRANSPORT:

To take part & for transport options, please email Duncan at duncan@aquashop.com.au

We are hoping to have a women's K4 represent LCRK this year. For this reason we will be using the Club Trailer and can offer up to 9 members the opportunity to have their boat transported to and from the Training paddle. Kayaks will be loaded between 4:30 and 5:30pm on Saturday and transported to Sackville on Sunday morning.

MEET: Ulinbawn Water Ski Park - Gate will be open from 6:00 to 8:00am – turn right off Sackville Ferry Road through the entrance gate into Ulinbawn Water Ski Park just **before** access onto the Sackville Ferry. Follow the road around to the left to the boat ramp and park on the right hand side above access to the ramp.

MAP REFERENCE: [here](#)

TIME: 6:00am **SHARP**. SHUTTLE TO WISEMAN'S FERRY at 06:30am.

BRIEFING: 07:30am. **FIRST START:** Approx 7:45am or as soon after Briefing as possible.

If you have your own support crew please arrive by 7:00am SHARP

(Don't forget your nutrition and plenty to drink)

Some of you might be thinking of doing an out and back from Wiseman's Ferry. Just let me know your intentions and we'll expect to meet you on our way up.

SIGN-ON/OFF: Please bring \$5 per paddler for access to Ulinbawn Ski park and \$2 for Tom's Map which detail the best route to follow for this leg. Please let me know if you finish/leave early.

SAFETY: We'll be using our buddy system as usual. This means you will be informally paired or grouped with paddlers of similar ability and speed based on your LCRK 12k TT time. **MOBILE PHONES:** If you have a mobile phone and a suitable sealable bag please bring it with you. In case of emergencies please try to call me in the first instance on 0433 133 206, otherwise Marine Services NSW on 9450 2468 or 000. Remember there may not always be reception.

WEATHER FORECAST: FORECAST: Light rain shower, clearing and sunny.

TEMP.: range: 3 to 18 degrees. COLD at 7:00am. Come prepared for a cool paddle.

WIND: light WNW winds 10km/h, gusting to 18km/h

TIDE: LOW at Sackville at 07:13hrs (0.38m) and HIGH at Wiseman's at 11:30hrs (1.35m).

SKI BOATS AND OTHER BOATING CRAFT:

There will be ski boats, wakeboarders, fisherman and cruisers, please remain alert and on the lookout for particularly boats traveling at speed. Move immediately to the right hand side of the river keeping your distance and proceeding past together where you can. Remember - if you're approaching another boat head on, then steer to the RIGHT. Signal your intentions clearly and early. The other boat may not have seen you.

NEWCOMERS:

If you're inexperienced or need help or assistance for any reason, please ask me, Phil Geddes or any of our other experienced paddlers.

HAVE A GREAT DAY!

Duncan Johnstone – Mob: 0433 133 206