

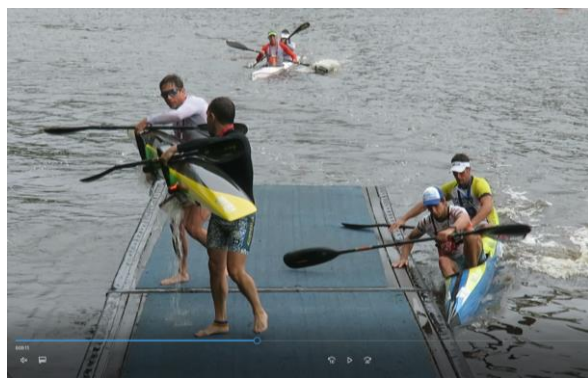


State Marathon Championships

STATES with MATES

07-09 March, 2025
Molonglo Reach, Canberra

<https://www.webscorer.com/registrer?pid=1&raceid=375609>

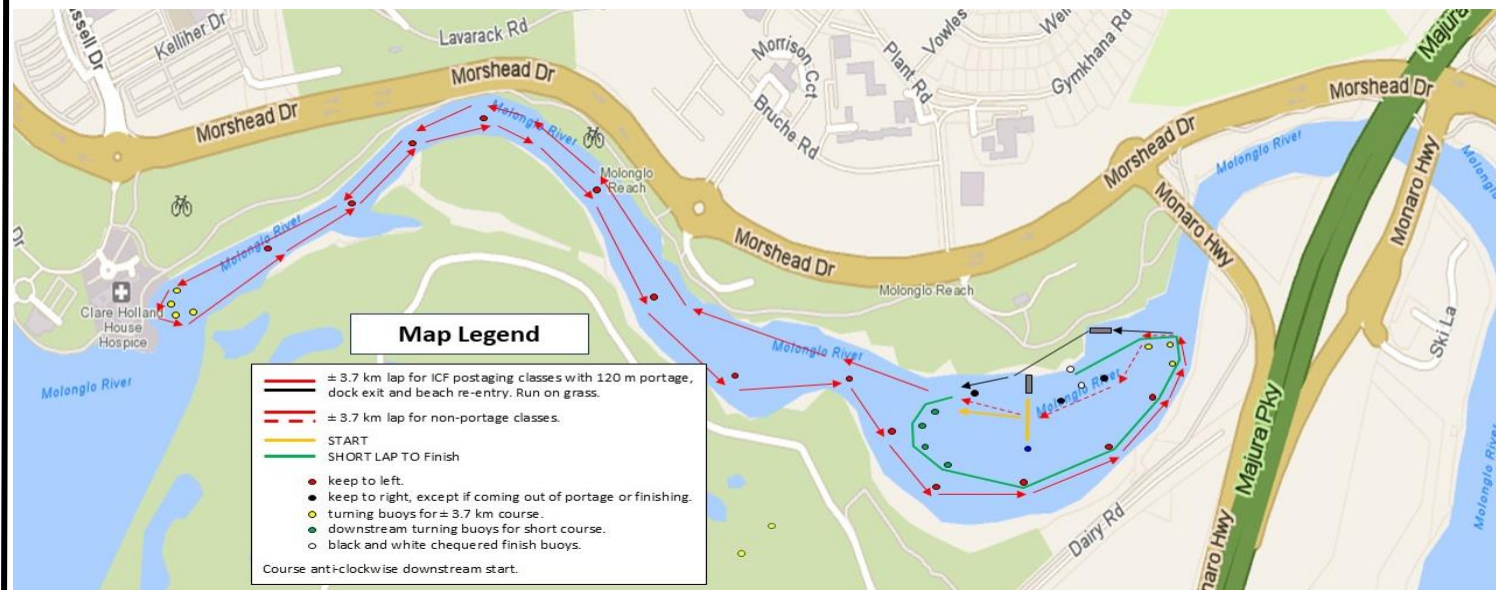


hosted by

Burley Griffin Canoe Club

info@bgcc.org.au

RACING SCHEDULE AND COURSE



FRIDAY EVENING: Briefing at 18:30

TIME	CLASSES
19:00	ICF Class (Portage). All Ages < 65 yo.
19:15	All Classes non-portage, SUP.

SATURDAY: Briefing at 09:15 and 12:00

TIME	CLASSES
10:00	ICF Open, U23, U18, Masters (35-64).
13:00	ICF Masters (65+), General Class (all ages), Para, Juniors (U10-U18), Novice, SUP.

SUNDAY: Briefing at 8:00

TIME	CLASSES
08:30	ICF & General Class Doubles. All Ages.
12:30	ICF & General Class Mixed Doubles. All Ages.

PLEASE enter by 16 FEBRUARY as production constraints require ordering no later than the 17th for delivery in time for the Championships. If you order by the 16th, we can guarantee the t-shirt size you ordered. Otherwise, you will get a t-shirt but we cannot guarantee the size! That would be a shame!!! NOTE that you can edit your entry in Webscorer after the 16th and before the cutoff date.

The key info Webscorer needs to know, is the number of events you want to enter and your t-shirt size. Get that done before the 16th February and then you can go back and edit your entry details at a later date, as long as it is before entries close. This way you capitalise on EARLY BIRD PRICES TOO!!!

FRIDAY NIGHT Dinner at the River. Sign up on Webscorer.
SATURDAY NIGHT PRESENTATION at Capital Brewery 18:30.

Coffee and FOOD on Weekend by BGCC, including Breakfast BBQ on Saturday and Sunday.



COURSE EXPLAINED

See Course Map for Details.

FRIDAY EVENING SHORT COURSE:

- ICF Classes with portage - 3 laps of ± 1 km with 2 portages.
- ICF (65+) and Non-Portage General Class - 3 laps of ± 1 km with no portages.
- U10-U14 - 2 laps of ± 1 km with no portages.

LONG COURSE DESCRIPTIONS:

- SL = Short lap of ±1 km.
- L = Lap of ±3.7 km.
- P = Portage with dock exit and beach entry ±120 m run on grass.

HOW TO READ THE DISTANCE TABLES:

- If you want to enter a class with no entry option on Webscorer or marked grey in the following tables, please contact the PNSW Events Coordinator (events@paddlensw.org.au). Diane will work with you to ensure that your entry goes through and that you know what distance you will be paddling.
- All this means is that in the past, we have had no entries in these classes but are happy to run them in 2025.

SELECTION to PNSW TEAM for Nationals

All winners of classes that will be offered at the Australian National Marathon Championships will be eligible for selection onto the PNSW Team. The classes offered at this event are most likely going to be available at Nationals. Thus, every entrant has a chance of making the State Team, getting the State Guernsey and making NSW proud in April. NOTE that you can still participate at Nationals if you do not get selected onto the PNSW Team.

DISTANCES

Saturday Racing

Age Group	ICF Class		General Singles		ICF Class		General Doubles	
	K1 (km)	Course	Kayak/Ski	Course	C1 (km)	Course	Canoe/Outrigger	Course
U10W-U14W			2	2SL			2	2SL
U16W	12.1	3L,2P;1SL	12.1	3L;1SL	8.4	2L;1P;1SL	8.4	2L;1SL
U18W	15.8	4L;3P;1SL	15.8	4L;1SL	12.1	3L;2P;1SL	12.1	3L;1SL
U23W	19.5	5L;4P;1SL	19.5	5L;1SL	15.8	4L;3P;1SL	15.8	4L;1SL
OW	23.2	6L;5P;1SL	23.2	6L;1SL	19.5	5L;4P;1SL	19.5	5L;1SL
V35-44W	15.8	4L;3P;1SL	15.8	4L;1SL	12.1	3L;2P;1SL	12.1	3L;1SL
V45-54W	15.8	4L;3P;1SL	15.8	4L;1SL	12.1	3L;2P;1SL	12.1	3L;1SL
V55-64W	15.8	4L;3P;1SL	15.8	4L;1SL	12.1	3L;2P;1SL	12.1	3L;1SL
V65-74W	12.1	3L;1SL	12.1	3L;1SL	8.4	2L;1SL	8.4	2L;1SL
V75+W	8.4	2L;1SL	8.4	2L;1SL	8.4	2L;1SL	8.4	2L;1SL
KL1 W	7.4	2L						
KL2 W	11.1	3L						
KL3 W	11.1	3L						
Para			11.1	3L			7.4	2L
SUP W			12.1	3L;1SL				
Novice W			12.1	3L;1SL			8.4	2L;1SL
U10M-U14M			2	2SL			2	2SL
U16M	12.1	3L;2P;1SL	12.1	3L;1SL	8.4	2L;1P;1SL	8.4	2L;1SL
U18M	19.5	5L;4P;1SL	19.5	5L;1SL	15.8	4L;3P;1SL	15.8	4L;1SL
U23M	23.2	6L;5P;1SL	23.2	6L;1SL	19.5	5L;4P;1SL	19.5	5L;1SL
OM	26.9	7L;6P;1SL	26.9	7L;1SL	23.2	6L;5P;1SL	23.2	6L;1SL
V35-44M	19.5	5L;4P;1SL	19.5	5L;1SL	15.8	4L;3P;1SL	15.8	4L;1SL
V45-54M	19.5	5L;4P;1SL	19.5	5L;1SL	15.8	4L;3P;1SL	15.8	4L;1SL
V55-64M	19.5	5L;4P;1SL	19.5	5L;1SL	15.8	4L;3P;1SL	15.8	4L;1SL
V65-74M	15.8	4L;1SL	15.8	4L;1SL	12.1	3L;1SL	12.1	3L;1SL
V75+M	12.1	3L;1SL	12.1	3L;1SL	8.4	2L;1SL	8.4	2L;1SL
KL1 M	7.4	2L						
KL2 M	11.1	3L						
KL3 M	11.1	3L						
Para			11.1	3L			7.4	2L
SUP M			15.8	4L;1SL				
Novice M			12.1	3L;1SL			8.4	2L;1SL

TROPHIES

The TONGWAY - awarded to the club with the most points across all classes.

JOAN MORISON Cup - awarded to the club with the most points by female paddlers across all classes.

DISTANCES

Sunday Racing - Session 1

Age Group	ICF Doubles		General Doubles		ICF Doubles		General Doubles	
	K2 (km)	Course	Kayak/Ski	Course	C2 (km)	Course	Canoe/Outrigger	Course
U10W-U14W			2	2SL			2	2SL
U16W	8.4	2L;1P;1SL	8.4	2L;1SL	8.4	2L;1P;1SL	8.4	2L;1SL
U18W	12.1	3L;2P;1SL	12.1	3L;1SL	8.4	2L;1P;1SL	8.4	2L;1SL
OW	19.5	5L;4P;1SL	19.5	5L;1SL	15.8	4L;3P;1SL	15.8	4L;1SL
V35-44W	12.1	3L;2P;1SL	12.1	3L;1SL	8.4	2L;1P;1SL	8.4	2L;1SL
V45-54W	12.1	3L;2P;1SL	12.1	3L;1SL	8.4	2L;1P;1SL	8.4	2L;1SL
V55-64W	12.1	3L;2P;1SL	12.1	3L;1SL	8.4	2L;1P;1SL	8.4	2L;1SL
V65-74W	8.4	2L;1SL	8.4	2L;1SL	8.4	2L;1SL	8.4	2L;1SL
V75+W	8.4	2L;1SL	8.4	2L;1SL	8.4	2L;1SL	8.4	2L;1SL
KL1 W	7.4	2L						
KL2 W	7.4	2L						
KL3 W	7.4	2L						
Para			7.4	2L			7.4	2L
Novice W			8.4	2L;1SL			8.4	2L;1SL
U10M-U14M			2	2SL			2	2SL
U16M	8.4	2L;1P;1SL	8.4	2L;1SL	8.4	2L;1P;1SL	8.4	2L;1SL
U18M	15.8	4L;3P;1SL	15.8	4L;1SL	12.1	3L;2P;1SL	12.1	3L;1SL
OM	23.2	6L;5P;1SL	23.2	6L;1SL	19.5	5L;4P;1SL	19.5	5L;1SL
V35-44M	15.8	4L;3P;1SL	15.8	4L;1SL	12.1	3L;2P;1SL	12.1	3L;1SL
V45-54M	15.8	4L;3P;1SL	15.8	4L;1SL	12.1	3L;2P;1SL	12.1	3L;1SL
V55-64M	15.8	4L;3P;1SL	15.8	4L;1SL	12.1	3L;2P;1SL	12.1	3L;1SL
V65-74M	12.1	3L;1SL	12.1	3L;1SL	8.4	2L;1SL	8.4	2L;1SL
V75+M	8.4	2L;1SL	8.4	2L;1SL	8.4	2L;1SL	8.4	2L;1SL
KL1 M	7.4	2L				2L		
KL2 M	7.4	2L				2L		
KL3 M	7.4	2L				2L		
Para			7.4	2L			7.4	2L
Novice M			8.4	2L;1SL			8.4	2L;1SL
Para Mixed			7.4	2L			7.4	2L
U10-U14 Mixed			2	2SL			2	2SL
U16 Mixed			8.4	2L;1SL			8.4	2L;1SL
U18 Mixed			15.8	4L;1SL			12.1	3L;1SL
Novice Mixed			8.4	2L;1SL			8.4	2L;1SL
Junior/Master			3.7	1L			3.7	1L

Sunday Racing - Session 2

Age Group	ICF Doubles		General Doubles		ICF Doubles		General Doubles	
	K2 (km)	Course	Kayak/Ski	Course	C2 (km)	Course	Canoe/Outrigger	Course
U18	12.1	3L;2P;1SL	12.1	3L;1SL	8.4	2L;1P;1SL	8.4	2L;1SL
Open	12.1	3L;2P;1SL	12.1	3L;1SL	8.4	2L;1P;1SL	8.4	2L;1SL
V35-44	12.1	3L;2P;1SL	12.1	3L;1SL	8.4	2L;1P;1SL	8.4	2L;1SL
V45-54	12.1	3L;2P;1SL	12.1	3L;1SL	8.4	2L;1P;1SL	8.4	2L;1SL
V55-64	12.1	3L;2P;1SL	12.1	3L;1SL	8.4	2L;1P;1SL	8.4	2L;1SL
V65-74	12.1	3L;1SL	12.1	3L;1SL	8.4	2L;1SL	8.4	2L;1SL
V75+	12.1	3L;1SL	12.1	3L;1SL	8.4	2L;1SL	8.4	2L;1SL
Para			7.4	2L			3.7	1L
Para/Open			7.4	2L			3.7	1L