

Sunday 19th August 2018

WELCOME TO THE 2nd LCRK HAWKESBURY TRAINING PADDLE WINDSOR TO SACKVILLE

The famous start of the 110 km Hawkesbury Classic

Superb conditions will be laid on for you for this, the first leg, which is done in daylight and with the tide this year.

PLEASE EMAIL Duncan if you intend to take part at duncan@aquashop.com.au

MEET: Macquarie Park, Windsor. Turn left after crossing bridge off Bridge Street to the start of The Hawksbury Classic - Drive through the gates to the end of the road.

TIME: 6:30am <u>SHARP</u>. (It will be a cool morning). **SHUTTLE TO SACKVILLE** 07:00am <u>SHARP</u>, so do not be late or you will miss the shuttle.

IF WE CAN USE THE TRAILER this arrangement will change. We will advise you when you register your interest.

SIGN-ON and PAY (\$5 for Sackville day use and \$2 for laminated 'secret' map/info). Unload/prepare your boat and gear. (Don't forget your nutrition and plenty to drink)

BRIEFING: 08:00am - Tom Simmat, our club's Hawkesbury "Guru", will give you his insights and expert advice on how to approach the start and 1st leg of the race as well as talk about the effect of the weather and tides

FIRST START: ASAP after Briefing. We will look to get slower paddles off first.

SAFETY: We'll be using our buddy system. This means you will be informally paired or grouped with paddlers of similar ability and speed based on your 12k TT time.

MOBILE PHONES: If you have a mobile phone and a suitable sealable bag please bring it with you. In case of emergencies please try to call Duncan in the first instance on 0433 133 206, Marine Services NSW is 9450 2468 or 000. Remember there may not always be reception.

WEATHER FORECAST:

WEATHER: Sunny.

TEMPERATURE: Range: 1 to 18 degrees

WINDS: Light winds becoming North Westerly 20 to 30km/h during the morning

TIDE: HIGH at 07:33am (1.21m) LOW at Sackville at 12:13pm (.6m)

SKI BOATS AND OTHER BOATING CRAFT:

There will be ski boats, wakeboarders, fisherman and cruisers on the water, please remain alert and on the lookout for particularly boats traveling at speed. Move immediately to the right hand side of the river passage keeping your distance and proceeding past as a group where you can. Remember - if you're approaching another boat head on, then steer to the RIGHT. Signal your intentions early and clearly. The other boat may not have seen you.

FINISH: Coffee/Lunch at **Tractor 828 Café**, 828 Sackville Rd for those who have time to relax in the sun post finishing. From Ulinbawn Ski Park, turn right and take the Sackville ferry to the other side. Drive five minutes and you will find it on the left hand side.