

Bulletin 2 **Canoe Marathon** **Championships** **in our Nation's Capital**

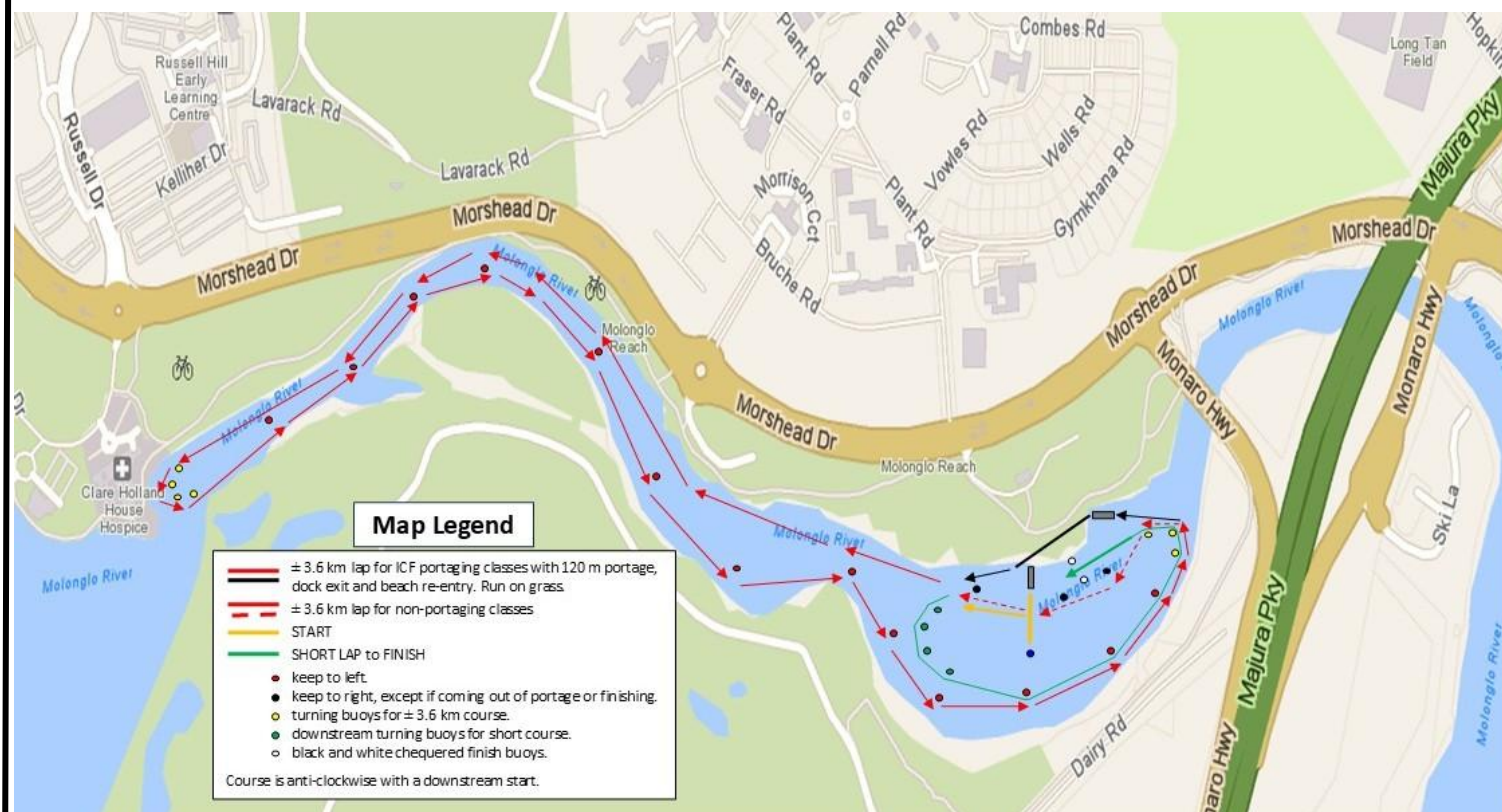
10-13 April, 2026
Molonglo Reach, Canberra



hosted by PNSW and
Burley Griffin Canoe Club
(events@paddlensw.org.au)

At BGCC, we appreciate the length of time it takes to prepare for a National Championships. We have been working closely with the PA Canoe Marathon Technical Committee towards developing a table of race distances that we can share with you well in advance so that you can start to prepare for this event. A BIG THANK YOU to the PACMTC for sharing this information with us in a timely fashion.

PROPOSED COURSE



RACE DISTANCES FOR NATIONALS 2026

NOTE a slight change in the length of the long lap from Bulletin 1. Current measurements for the long lap are 3.65 km, but this varies with river height. Data shown in the Distance Tables on the next page are based on a long lap of 3.6 km.

FRIDAY SHORT COURSE:

- ICF Classes with portage: 3 laps of ± 1 km; 2 portages.
- ICF (65+)/General Classes: 3 laps of ± 1 km with no portages.
- U10-U14: 2 laps of ± 1 km with no portages.

LONG COURSE DESCRIPTIONS (see Distance Tables):

- SL = Short lap of ±1 km.
 - L = Lap of 3.6-3.65 km.
 - P = ±120 m Portage with dock exit and beach entry; run on grass.
- This is the same portage as for the short course.

WOMEN

Age Group	ICF Class		General Singles		ICF Class		General Singles	
	Kayak	Course	Kayak/Ski	Course	Canoe	Course	Canoe/Outrigger	Course
U10W			4	4SL			3	3SL
U12W			6	6SL			4	4SL
U14W			11.75	3L;1SL	8.15	2L;1SL	6	6SL
U16W	11.75	3L;2P;1SL	11.75	3L;1SL	8.15	2L;1P;1SL	8.15	2L;1SL
U18W	18.95	5L;4P;1SL	15.35	4L;1SL	11.75	3L;2P;1SL	11.75	3L;1SL
U23W	22.55	6L;5P;1SL			11.75	3L;2P;1SL		
OW	26.15	7L;6P;1SL	15.35	4L;1SL	15.35	4L;3P;1SL	11.75	3L;1SL
V35-44W	15.35	4L;3P;1SL	15.35	4L;1SL	11.75	3L;2P;1SL	11.75	3L;1SL
V45-54W	15.35	4L;3P;1SL	15.35	4L;1SL	11.75	3L;2P;1SL	11.75	3L;1SL
V55-64W	15.35	4L;3P;1SL	15.35	4L;1SL	11.75	3L;2P;1SL	11.75	3L;1SL
V65-74W	11.75	3L;1SL	11.75	3L;1SL	8.15	2L;1SL	8.15	2L;1SL
V75+W	11.75	3L;1SL	11.75	3L;1SL	8.15	2L;1SL	8.15	2L;1SL
KL1 W	8.15	2L;1SL						
KL2 W	11.75	3L;1SL						
KL3 W	11.75	3L;1SL						
VL1 W	8.15	2L;1SL						
VL2 W	11.75	3L;1SL						
VL3 W	11.75	3L;1SL						
Para W	8.15	2L;1SL	8.15	2L;1SL			8.15	2L;1SL
SUP W			11.75	3L;1SL				
Novice W			11.75	3L;1SL			8.15	2L;1SL

MIXED DOUBLES DISTANCES

- Open ICF Classes (portage) = 15.35 km (4L;3P;1SL).
- Masters ICF Classes and U18 (portage) = 11.75 km (3L;2P;1SL).
- ICF (65+)/General Class - 11.75 km (3L;1SL).

SELECTION to National Marathon Teams

The World Masters Canoe Marathon Championships will be held in Argentina on 19-20 October 2026 with the World Canoe Marathon Championships (Para, U18, U23, Open) on 22-25 October 2026. Having the Championships later in the year suits the Southern Hemisphere countries as it allows us some warmer temperatures for training in the lead up to the event! The Selection Criteria for 2026 have not been published yet, but will most likely be similar to those for 2025 that can be found at <https://paddle.org.au/wp-content/uploads/2025/03/2025-Australian-Canoe-Marathon-Team-SCS-Final-v1.pdf>

HOW TO READ THE DISTANCE TABLES:

The distances in these tables are in kilometres and refer to singles and doubles distances. If you want to enter a class with no entry option or marked grey in Distance Tables, please advise the PNSW Events Coordinator (events@paddlensw.org.au) and we will do our best to add these events into the program.

CONSTITUTED CLASSES: The GOAL is to have 4 boats entered into each class to encourage an enjoyable and competitive event. There will be a special award for all 4th place getters that will be worth winning ... Please get your age/class peers motivated; Dust off those paddles and boats and start training! We look forward to seeing you in Canberra in April.

MEN

Age Group	ICF Class		General Singles		ICF Class		General Singles	
	Kayak	Course	Kayak/Ski	Course	Canoe	Course	Canoe/Outrigger	Course
U10M			4	4SL			3	3SL
U12M			6	6SL			4	4SL
U14M			11.75	3L;1SL	8.15	2L;1SL	6	6SL
U16M	15.35	4L;3P;1SL	11.75	3L;1SL	11.75	3L;2P;1SL	8.15	2L;1SL
U18M	22.55	6L;5P;1SL	15.35	4L;1SL	15.35	4L;3P;1SL	11.75	3L;1SL
U23M	26.15	7L;6P;1SL			18.95	5L;4P;1SL		
OM	29.75	8L;7P;1SL	18.95	5L;1SL	22.55	6L;5P;1SL	15.35	4L;1SL
V35-44M	18.95	5L;4P;1SL	18.95	5L;1SL	15.35	4L;3P;1SL	11.75	3L;1SL
V45-54M	18.95	5L;4P;1SL	18.95	5L;1SL	15.35	4L;3P;1SL	11.75	3L;1SL
V55-64M	18.95	5L;4P;1SL	18.95	5L;1SL	15.35	4L;3P;1SL	11.75	3L;1SL
V65-74M	15.35	4L;1SL	15.35	4L;1SL	11.75	3L;1SL	8.15	2L;1SL
V75+M	15.35	4L;1SL	15.35	4L;1SL	11.75	3L;1SL	8.15	2L;1SL
KL1 M	8.15	2L;1SL						
KL2 M	11.75	3L;1SL						
KL3 M	11.75	3L;1SL						
VL1 M	8.15	2L;1SL						
VL2 M	11.75	3L;1SL						
VL3 M	11.75	3L;1SL						
Para M	11.75	3L;1SL	8.15	2L;1SL			8.15	2L;1SL
SUP M			11.75	3L;1SL				
Novice M			15.35	4L;1SL			11.75	3L;1SL

CHAMPIONSHIP SCHEDULE: Opportunities to share boats

NOTE that the details in this Schedule may change depending on entries.



The following table provides a summary of the Competition Schedule so that participants can investigate sharing boats and managing their time. Please note that this schedule may change depending on entries. However, every effort will be made to provide a schedule that provides paddlers with opportunities to keep travel and boat transport costs to a minimum. To this end, we have tried to provide opportunities for boat sharing among U14s and U16s as well as between Masters and U18, U23 and Open paddlers.

FRIDAY 10 Apr 2026	SHORT COURSE		SUNDAY 12 Apr 2026	LONG COURSE DOUBLES
08:30-11:50 Session 1 Session 2 Session 3 Session 4 Session 5 Session 6 Session 7	Heats (if required) for afternoon session. Masters Women 35-64 ICF; U16W ICF and U16M C1. Masters Men 35-64 ICF; U16M K1 ICF. Masters Women 65+; Women General Class all ages. Masters Men 65+; Men General Class all ages. U14 all classes; Men and Women. SUPs Men and Women all ages.		08:30-12:00 Session 1 Session 2	U14. (ICF and General Class). Masters (ICF), All General Class doubles, U16 singles (ICF and General Class). Men and Women.
13:30-15:30 Session 1 Session 2 Session 3 Session 4	ICF Selection Classes. Para Men and Women, all classes. U18 ICF Men and Women. Open Men and Women C1. Open Men and Women K1.		13:30-15:45 Session 1	U18, Open Men & Women ICF Classes.
SATURDAY 11 Apr 2026	LONG COURSE SINGLES		MONDAY 13 Apr 2026	MIXED DOUBLES
08:00-11:45 Session 1 Session 2	U14 singles and U16 doubles (ICF and General Class). Masters (ICF), All General Class singles, Para, SUP. Men and Women.		08:30-11:00 Session 1 Session 2	3 km Mixed Doubles with an U10-U16. Paddle with a Legend; Father-Daughter; Mother-Son; Grandpa-Granddaughter; Grandma-Grandson etc. All boat classes. All Classes and age categories.
13:30-16:15 Session 1	U18, U23, Open. Men and Women. ICF Classes.			